

2010 Lady Saints Volleyball Camp

Dear Lady Saints,

I know the summer is a very busy time of year. However, it is never too early to begin thinking about volleyball camp in the fall. Our camp this fall will begin on Sunday, August 8th. The camp check-in time will be from 2 p.m. to 4 p.m., with a meal being served at 5:30 p.m. We will begin our first full practice Monday morning. A full tentative camp schedule will be passed out to the campers when arriving at camp.

Both day and dorm students will eat and sleep on campus. All volleyball players will be staying in one of the dormitories during this week of camp. The list of items below are general necessities that will be needed for the week. A fee of \$90 will be collected to help cover the cost of lodging and meals for camp.

It is also a requirement for each individual player to have a physical examination before beginning practice. If you are a local student in the area and need a physical, feel free to contact Meyer Medical Clinic at 660-463-7966. This is a requirement from MSHSAA that must be completed with all the appropriate signatures. All athletes must also have the six page SPLHS Medical Questionnaire on file prior to the start of practice. **NO FORMS=NO PRACTICE TILL RECEIVED!**

Parents and student athletes are also expected to have read the St Paul Saints Extra Curricular Interscholastic Athletic Handbook. This book provides rules & regulations that the school sets that athletes must follow.

Items to bring to camp:	Volleyball shoes	Bible
	Knee pads	Personal items
	Towels	Spending money
	Soap/Shampoo	Calling cards/Cell phones
	Pillow	Fan for room
	Sheets (queen bed)	Healthy snack food
	Sleeping bag or blanket	Personal water bottle

If there are any questions regarding the items mentioned above or any other questions regarding camp, please contact me either by email or phone.

We look forward to meeting you and the beginning of a great season!

Sincerely

Aaron Marsh – Head Coach

Email – Concordia.recreation@yahoo.com

Phone – 816-726-3232

GTGTG

Please fill out the following information by July 29th if intending to play volleyball. We need to make room & dining hall arrangements as soon as possible.

Name _____

Year in School _____

Height _____

I would like to be a manager _____ Yes _____ No

_____ I have enclosed the \$90 camp fee and will be checking into camp on August 8th

Please list any other arrangements if needed....

This page can be returned to:

St. Paul Lutheran High

Attn. Aaron Marsh

205 S. Main St.

Concordia, MO 64020

GTGTG